

Siriimu Goosa Handehe Mu Bigosi



LUNYOLE

Health/SU

Siriimu Goosa Handehe Mu Bigosi

AIDS Puts Handehe (Kande) into Trouble

ng'alomeraho abahye ati, "Nehalanga mu musaala guno ko ni huŋaya ni maama."

Hyal owaali n'ahiri mujere aja basaaye babe bafiriiye nga gejunduguma n'aloma ati, "Hibi bugali weene ohuba ti abasaaye beefe bafuuye, aye hani basangafu ni batubona ng'olu huli hatyane."

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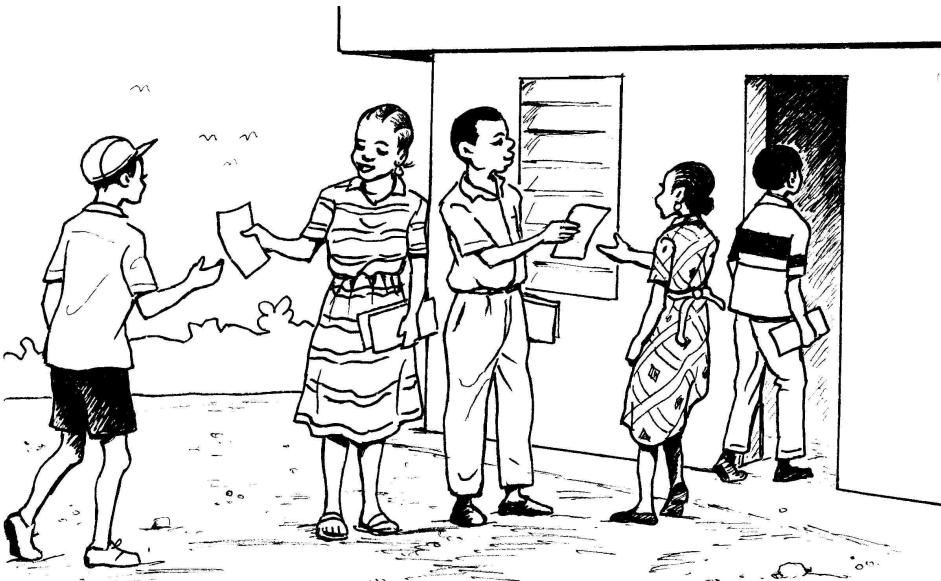


*Partners in
Language Development*



Lulala omwaha ni gubitirejo, Handehe nindi ni gaali n'anjaya ni Weere gamulomera ati, “Ekanisa yituyeedire bugali weene! Yatulehire hwalima ebiryo hwiroba lyayo. Nindi etulegeeye engeri ey'ohwemeresajo era etulagire omuhago omwene omulaŋi mu biitu bingi. Ng'ajo Handehe ko gebuusa ati, 'simanyire engeri eyi hunjanga ohusasulamo abakulisitaayo olwebiranji ebi batuholeeye?' Etenjama n'ebitirejo Weere gahwa Handehe era basaala omwana. Lwali lulala nga Handehe n'abahye bosibosi behumbanihisya mu musaala ogu Handehe gateranga ohwihalamo n'anjaya ni nyina ni gaali n'ahirijo. Wange

Ohwanjula



Aye Handehe ni Weere baali hu gwa hutusanga bbaluŋa ejiranga abaatu mu husoma n'ohubona ti abasomesa basuna hiisi ehi baali ni benda. Era befubaho ohubona baati balanga n'abosuho boosi baaje mu misomo eji ŋamba hu habuuka ahaleeta siriimu. Abaseere abahira obungi batera ohunjeega baati, "Abaatu ohumanya baati daladala oli musinde otehwa huba oti ogona n'abahaana." Aye Weere ni gabanga n'anjayaho n'abahye gabalomeranga ati, "Niye gaali asalireno ohutegaata ni Handehe ohwola olu bali ŋirana obufumbo."

Abanyole baaganiwa ebuŋwalyuba wa Uganda mu disitulikiti ye Butaleja. Ba ŋanga ohuba ni bajera nga 200,000 n'ohuhirajo mu bungi. Abahira obungi balimi nindi ko babayaho n'ebyayo bitonotono.

Ahatabo hano haloma hu bulwaye wa SIRIIMU obu hiisi Munyole amanyire era obuleteeye abaana abeene abangi ohuba bafuubbi, nindi ni babonabona olwo buwangwa we Hinyole obujamba hu husika era hiisi aja wolire bulehire n'abafire abafirwa abahasi oba abawamwawe abeene abangi. Mu hatabo hano husoma hu muhaana oyu balanga baati Handehe owafirwa abasaaye babe bosibosi era bamulehera omwana nahiri mwiwo (handerendere). Hatulaga engeri eyi muhaana ono gabonabona nabahye era muganda ya saawe goola n'ohubabbinga mu mago agaali aga saawe lw'esambo ej'obuwangwa eji ŋamba hu husika.

Mu hatabo hano hwega engeri endaji eyi bakulisitayo basaaniye ohwebisyamo eri abaatu ababa ni bolireho ehigosi hya hino. Nindi halegera hiisi muutu ***ohutagwangalihana n'obuhwedi olwohuba eyo nj'engira ekulu omu siriimu abita ohujamba abaatu. Era heyongera ohulabula nadala abosuho ohuguma ohwosa olu baba ni bolire ejiva ko begaata n'abahasi oba basinde.

Preface

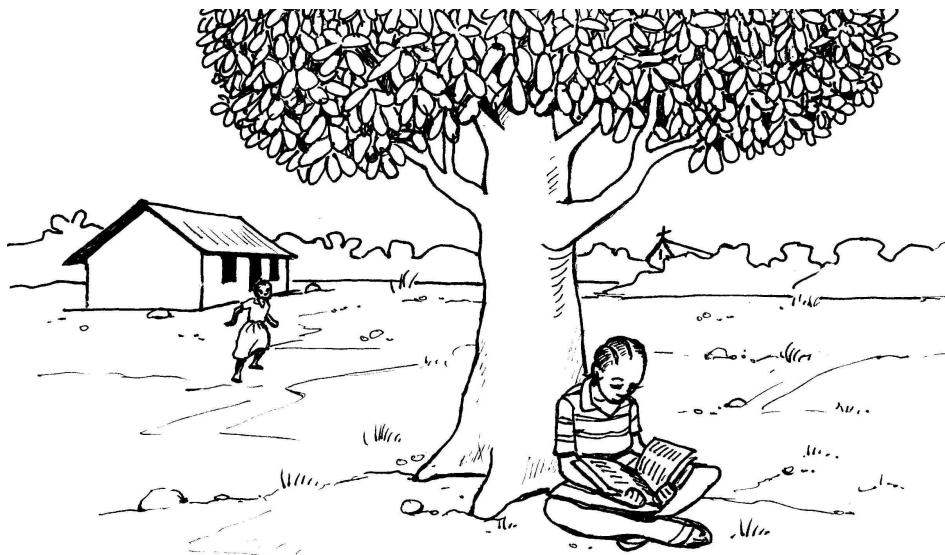
The Banyole live in Butaleja district in Eastern Uganda. They number about 200,000 in total. The Banyole are mostly subsistence farmers and rear a few domestic animals.

In this book read about HIV/AIDS which is very well known among the Banyole. This disease has left very many children orphans and women and men widows or widowers. Many of the orphaned children have gone through a lot of suffering due the traditional ways of inheritance. In this book we read about a girl called Handehe who lost all her parents and was left to take charge of all her young brothers and sisters. It also brings out the suffering she went through to the extent of being sent away from her late father's home. All this was due to the bad traditional inheritance way.

We also learn about what Christians and people of good will should do when we have people who have been affected or afflicted by this HIV/AIDS. Lastly this book teachers the youths not to indulge in having sexual partners before marriage.

Esomo 1

Ebyama bya mama



Aye Mwagale ni ye gatagiha ohuhubba ebifananyi n'ohucuusa ebi basomesanga mu lulimi lwawe era gañandiiha mu lulimi lwawe obutabo obunyonyola engeri ey'ohwehumamo ohutanjambiwa ahbuuka ahaleeta siriimu, ko n'engeri ey'ohulabiriramo abalwaye ba siriimu.



Namwirya gatandihirajo ohuyeeda ohusomesa abaajanga ohusoma. Era olwohuba gaali muhaana w'amaani ate owejanja abaatu bamujulirisanga bulaji n'aloma hu biitu ebigumu ebijamba hu siriimu. Namwirya sigalwa nga afuuha musomesa hu bya siriimu mu hitahere hyawe era abaatu abeene abangi bajanga ohusoma mu misomo ejii gategehangaa.



Lulala Handehe gaali gehaaye mu musaala n'asoma, ng'ano mugandawe Mwagale aduluma, atiina aja Handehe gaali. Mwagale ni gaali ni goleresa aja Handehe gaali, ng'amulanga ati "Handehe! Handehe! kulumereho? Puliiye abahasi ni baloma baati, mbo ɣaliŋo ehyama ehi maama atuhweha. Hisobola huba hiina?"

Nga Handehe amugobolamo ati, "Faana manyire ehy'ohuhola, hahutiine humubuuse."



Aja Handehe ni Mwagale boleeye ḥa ngo, baali basangafu aye ni bahaya aganjeera olw'embiro eji bajire ni baduluma. Mu himanga ehyo abaganda baawe Napindi ni Namwirya koni mbojo yaawe Hyalo boosi babegaataho. Nyinaawe ni gababona ng'abasasania n'abahayula ati, "Mutahubbira senywe oguhero hamunga gahajenyuuhaho."

Ḩaweeene ajo Mwagale gabuusa nyinaawe ati, "Maama ḥjalijo ehyama ehi otuhweha?" Muhugaluhamo, nyinaawe gejamba hu hida gabaloma ati, "Ndi huupi husaala owahyenye we owundi."

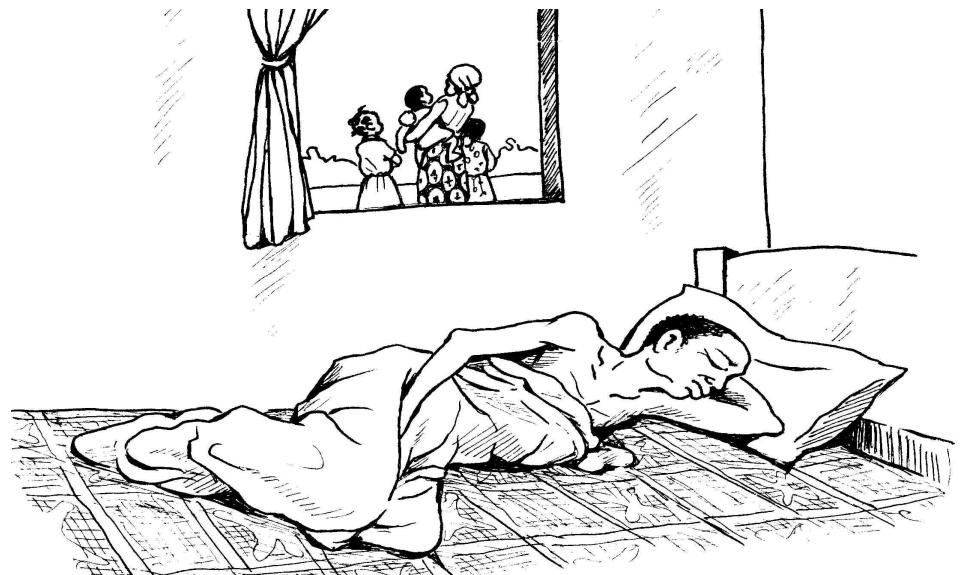


Olwohuba humanyire huuti enywe mumanyire omugaso gw'ohwejala obulwaye wa siriimu. Si cehyo hyoka aye mumanyire n'ohusoma bulaji weene, ate abaatu bamanyire baati mumanyire ebiñamba hu bulweye wa siriimu." Handehe n'abalebe babe ni bañuliye nga bafugiirira ohusomesa abaatu ebiñamba hu habuuka ahaleeta siriimu.



Ngabitajo etejama ndidiri Handehe ni bahanjayamo ni Weere nga ab'ekanisa baba n'omusomo ogujamba hu ngeri ey'ohwehumamo ohutafuna ahabuuka ahaleeta siriimu. Abasomesa n'abajire mu musomo guno bañwa mu hitehere hyosihyosi. Era Handehe n'abaganda babe Namwirya ni Mwagale, boosi batiina babaño mu musomo guno. Hyalo ni Weere boosi baaliyo.

Ni baali ni bahiiri mu husoma nga mulala hu batangirisi b'omusomo atiina eri Handehe amuloma ati, "Nahendire ewe n'abaganda babo mutuyeede ohusomesa abaatu engeri eyo hwehumka ko ahabuuka ahaleeta siriimu hatabajamba.



Ng'ajo Namwirya owaali n'ajesa emyaha ene ej'obuhulu aloma ati, "Hatiine mu nyumba ndomereho bbaabba!" Ngao nyinaawe amubbaha n'ahiri n'ohwola ja mulyango, ng'amuloma ati, "Mwana wange senywe ahi manyire. Mu mulehe ajuumuleho."

Hino hyabisya bubi Namwirya, olwohuba gaali genderera ohuba ajali semwana ni bagudula, aye gaali ahenire ahamanga ni batamwihirisa huba aja ali olwohuba ebiseera byali bibitirejo olumbe ni lumunjotoheseeye hu hitaliri, era n'anafunjire. Hino hyali hibisyu bubi abo mu mago era baali beralahirifu.



Lulala Handehe gatiina mu katale. Ko aba aŋayiraho abahye ng'olu nyina gaali n'asaaye, ng'omuseere owaali n'agendera huupi ni nabo gehaata n'aloma ati, "Omwana oyo aja huba ni siriimu hya lataawo."

Handehe sigafuna mahulu gebibono by'omuseere oyo. Ebirjeego Byamwejula era hyamuleetera mu mwoyo gaŋeega ati, "Hamunga hituufu ti bbaabba aŋanga ohuba n'alwala obulwayne obwa habuuka ahaleeta siriimu".

Handehe gasigala ni gebuusa mu mwoyo ati, "Somanya bbaabba aŋanga gaaba n'ali n'obulwayne obwo?" Ng'abameeri babe bamuhubbirisa ohubiima amaaji.



Lulala omwaha ni gubitirejo, Handehe nindi ni gaali n'aŋaya ni Weere gamulomera ati, "Ekanisa yituyeedire bugali weene! Yatulehire hwalima ebiryo hwiroba lyayo. Nindi etulegeeye engeri ey'ohweyemeresajo era etulagire omuhago omwene omulanji mu biitu bingi. Ng'ajo Handehe ko gebuusa ati, 'simanyire engeri eyi hunjanga ohusasulamo abakulisitaayo olwebiranji ebi batu-holeeye?"

Esomo 5

Abomu hitehere hya Handehe basoma hu siriimu



Handehe ni gañwa mu katale, ng'ahuuma egulo lyola. Ni bahena ohulya ehy'egulo ng'ajo ko abuusa nyina ati, "Hituufu bbaabba ali ni siriimu?" Era ng'amuloma ati, "Ese kulire, simbona ehihulobera ohundomera ebihufaho era ḥajuma ehingaana ohumanya."

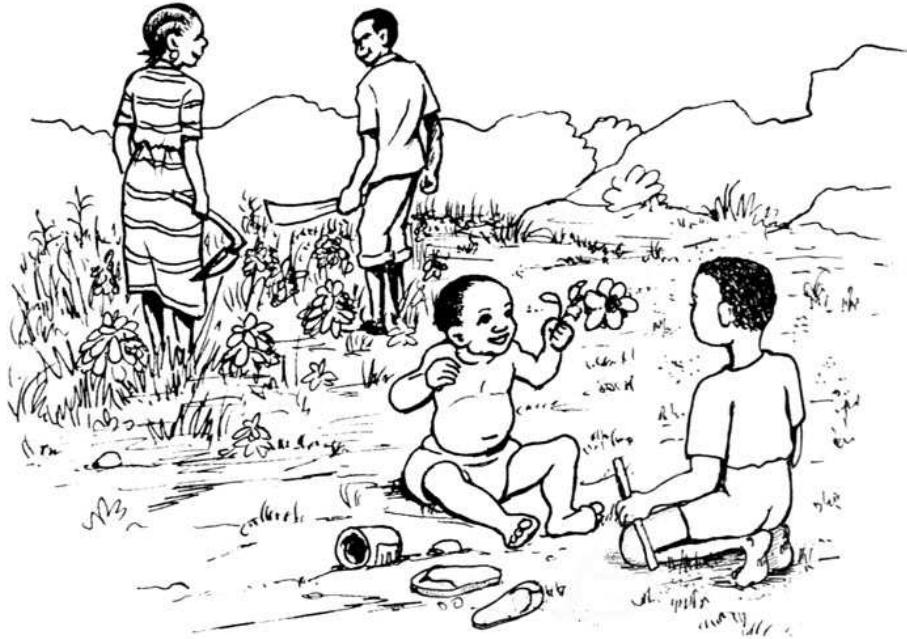
Ebibono ebyo byahubba nyina esoni, era gaheja ḥaasi, gaalira. Nañaweeene ajo nyina ya Handehe gebbwaga era galoma Handehe ati "Hituufu, era sunga busoniñe olw'ohubona ti wabinjuliriiye hu tulo."

Handehe ng'abuusa nyina ati, "Hunahahole huutye ko hweyemereseno singa seefe afa?"

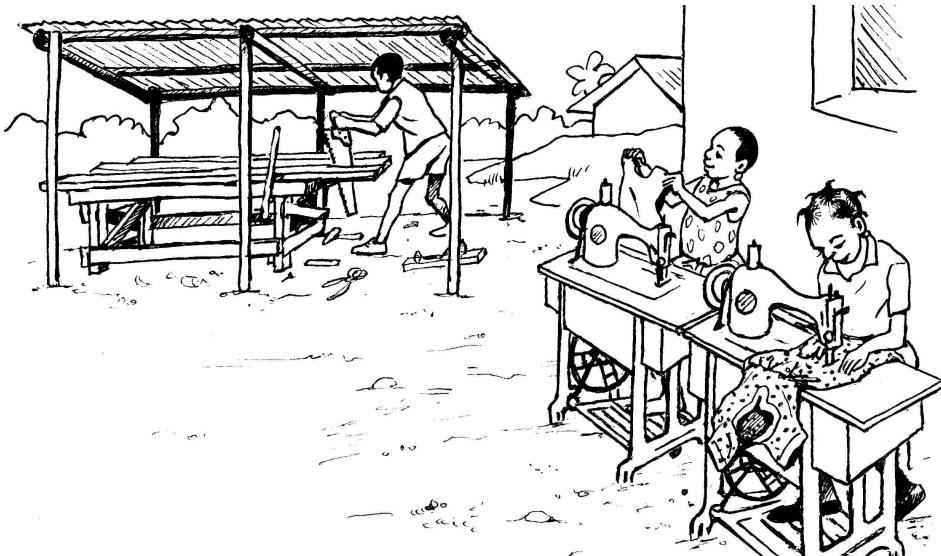
Nga nyina amuloma ati, "Hiwumbe aja hutuyeeda." Bino babilomanga ne eno balira olw'ebigosi ebi baali ni boleheeye.



Ebiseera sibyalwa nga semwana ya Handehe afa. Era gafa mu biseera eby'erima. Abenjanda n'abemihago bangi abaaja ohubalirisaho saawe. Handehe gasuna ebiyeego ebyene ebingi era gatagiha n'ohwebuusa ati, "Lwahiina abaatu abo bosibosi baaja ate nga sibabaaye ni batuhyalirangaho bbaabba n'abaye n'ataja n'obulwaye?" Gebuusa atyo olwohuba abahulu bamahumbaniro gabakulisitaayo mba bajanga ni babahyaliraho saawe n'ahiiri hufa.



Handehe gaali musangaafu olwohuba ti Weere gateranga ohumuyeedaho emirimo jomu nimiro abaana ni bali hugudula. Lulala Handehe ni baali ni bañaya nga alomera Weere ati, "Abasaaye bange ni bafa nanegire ti abomu mago geefe bosibosi baali baja hufa. Cooka obulamu buhihaluba aye ñera huli n'esuubi."



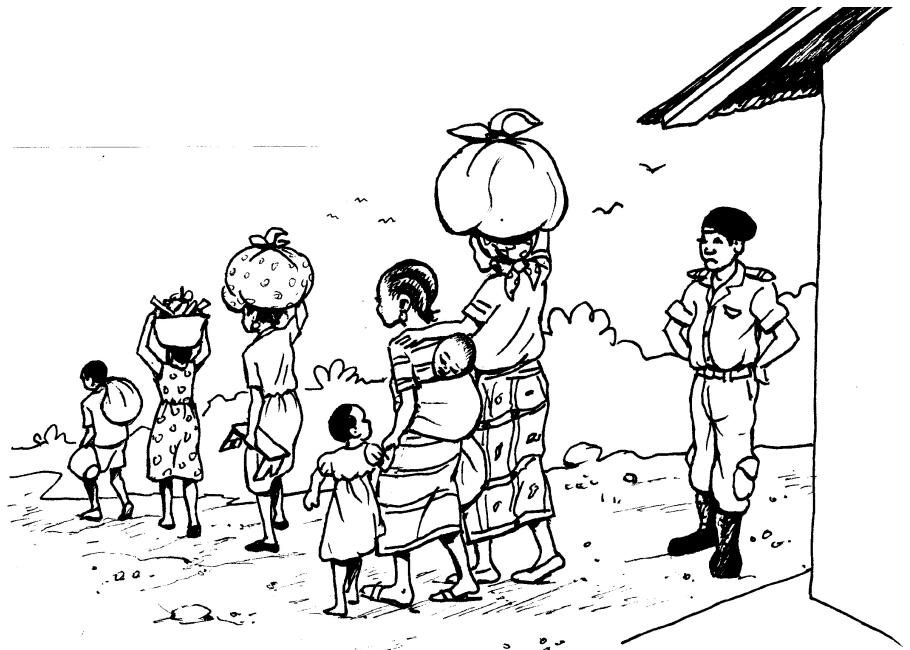
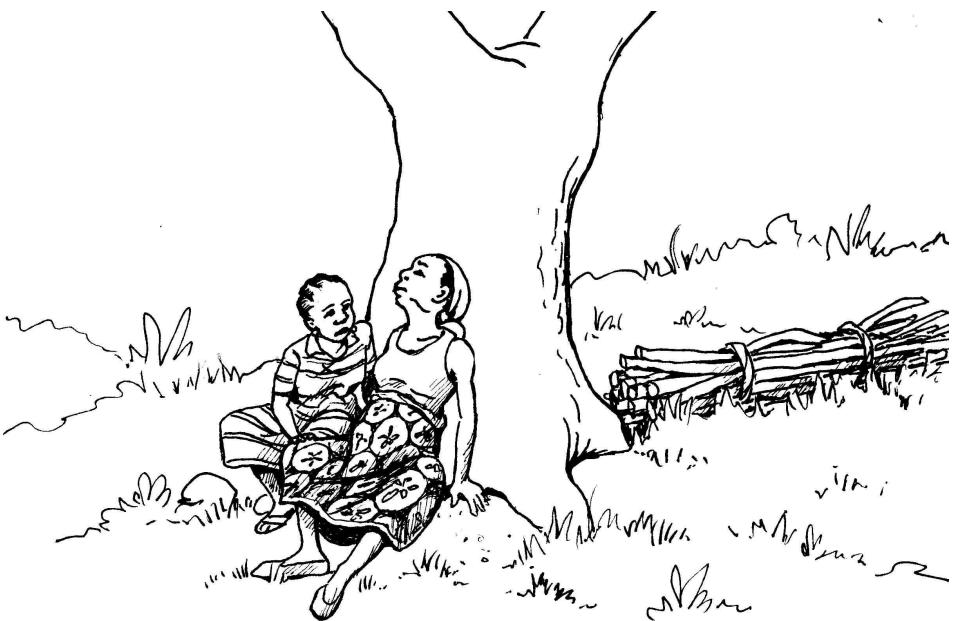
Handehe n'abahye bosibosi batagiha ohutamba mu nimiro yaawe epyaha eyaali hwiroba ly'ekanisa. Nindi Namwirya ni Mwagale beega ohutunga ni batambisa ehyalani, era ekanisa yabefugirira ohutambisa ebyalani byayo, Nindi yabayeeda basobola ohugula ebyalaani ebyawe abeene. Hyalo niye gegera ohubaaja mu hyobo hy'ekanisa. Handehe gatagiha n'ohutinanga mu Kanisa n'abahye. Era bosibosi basalajo ohunojoha ,bañayo bulamu waawe eri Yesu Kulisito.



Lulala semwana ya Handehe n'ahenire ohufa, Handehe ni nyina baja ohuteenya ekwi. Ni boola eyi baali ni baja ohuteenya ekwi, nga obulwaye buteguha nyina ya Handehe goola n'ohutasobola hujeera era wamunafunja bugali weene. Hino hyajanlirisa Handehe ohunjamba nyina hu muhono era nga beehala ḥaasi mu musaala. Nyina ya Handehe nga ko amulomera ati, "Nabaajo ebiseera olu bulwaye bunduma naasimbemo n'amaani agahola omulimo gwosigwosi."

Esomo 2

Ebigosi byeyongera mu mago gaba Handehe



Kadi ebyo ni byali biityo, lulala nga saawe muto amunjeeresa obubaha n'aloma ati, “Nahani ehiseera hyolire mujwe mu nyumba n'ehisugu hyange.” Amañuliro gano gabisa bubi Handehe era gamuleetera ohweralihira.

Mulala hu bahasi bomu Kanisa ow'abayeedangaho nyinawe n'ali mulwaye gefugiriye era ganjira abaana bano ohubahumira ja wuwe. Omuhasi ono gaali amenyire huupi n'ekanisa era n'alireene n'enimiro j'ekanisa. Abaana baboja emigugu jaawe nga batina ew'omuhasi oyo. Era saawe muto oyo ng'añira enyumba n'eroba lya saawe.



Mwagale ni Namwirya ni bagobooye ni bañwa mu kanisa nga banjayiraho Handehe ebiñamba hu nimiro y'ekanisa eya ñalala. Handehe ni ganjuliiye ebi bamunjayiiye ng'asalanjo yeesi ohweñimba mu huholera ñalala nabe Kanisa.

Abatangirisi b'ekanisa babayeeda bugali olwohuba babaleha balima omuga omwene omubbala nindi babalehera n'ebiryo ebi batusangamo ohulya n'ohutundaho baasuna ebbesa ej'ohutambisa. Handehe n'abahye baholeranga erala n'amaani ameene era baaba bulaji ohuhiraho olu baali ni balimira ewaawe yooka.



Mu tengama eyi Handehe ni nyina baali mu musaala ni behaaye emboneha ya nyina yaali seeña maani olw'engeri eyi olumbe lwali ni lumufuduuhisemo era n'ohunafuja ni lumunafungiisye. Handehe gayeeda nyina ohumunjambahko gañanga ohwemeerera.



Mu hiseera aja semwana ya Handehe gafiira, nyina gaali ali hida aye n'anafunjire n'obulwaye.

Hino hya leteyye abaana ohuhola n'amaani ko banjange ohwemeresajo. Handehe gatagiha ohucunga abahye bugali weene ohutamba emirimo era n'atangamo n'ohubabayula. Hino hyaleetera nyina ohutya era hyamwosa n'ohumuhayula n'amuloma ati, "Amago gano gahiiri gange olwohuba niise nyinenywe."



Aye lulala mugandawe Mwagale galoma ati, "Ese olwaleero nenda hutii mu kanisa. Hamunga yabayo ehi panga ohwega."

Nga ni Namwirya, muganda yaawe obundi yeesi aloma ati, "Keesi n'atiine hamunga nafunahooyo omuhago omunyaaha."

Handehe ni gaweene atyo ng'aloma Mwagale ni Namwirya ati, "Mutiine ni Mwima ni Mufuubbi, aye ese ni Hyalo hunasigale ηano ni huhola emirimo."



Hu hitehere ohu Handehe n'abahye baali ni bamenyire hwaliho omuseere ni bamulanga baati, "Weere" owajanga ohubahyalira. Omuseere ono gatiinanga n'ahaganda hahe ahajere era hiisi olu gatiinanga nga abuusa Handehe ati, "Hunahajeho mu humbaniro lyábakulistaayo?"

Aye hiisi olu gabusanga atyo nga Handehe agobolamo ati "Sinaaje olwohuba ndi n'emirimo emyene emingi ejì ndi n'ohuhola."



Lulala abahasi babiri ahujwa mu humbaniro lya abakulisitaayo eryo mu hitahere hyawe, baaja babahyaliraho. Omulala hu bahasi bano gaali musanu n'obundi naali muji w'amagesi eri abaatu ababa n'ebogosi hasiigu. Abahasi abo batiina n'ebiryo eby'ohuja owahyawewe. Mu huñaya banya owahyawewe ebinjeego ebyene ebiraji, bamoooca ni naye era bamugumya bugali weene. Hino hya ja Handehe esangaalo olw'ohubona nyina n'ajehaho ñano ni nañala ehyali ni hijirire etenama n'atahihola.



Ebi mugeni omusaju galomera nyina ya Handehe byagwa Handehe mu hutwi wayire nga siganambya byosibyosi ebi baali ni bañaya. Handehe gahitegeera ati semmwana sigaali mwesigwa eri omuhasi wuwe era ti gebiiranga epiki. Era Handehe gahitegeera ati semwana gaali n'ohuba ti gafuna ahabuka ahaleeta siriimu ohujwa hu muhasi malaaya.

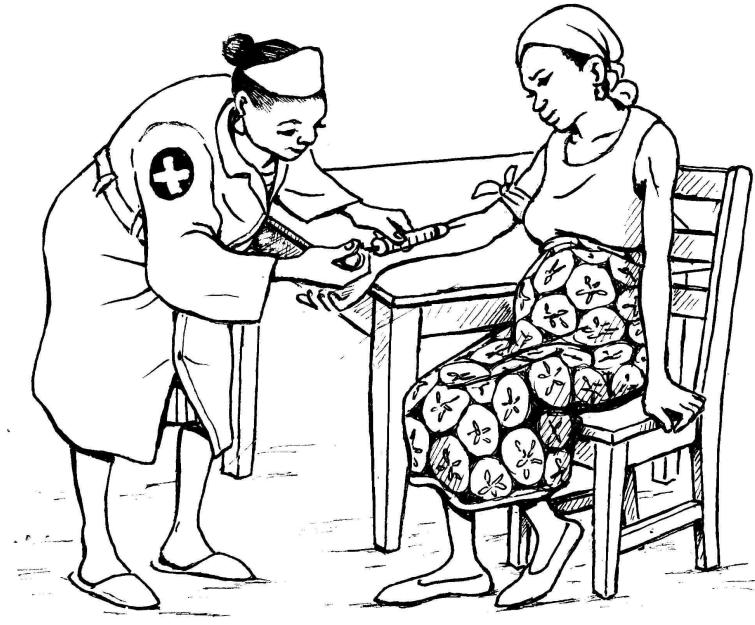
Cooka Semwana sigategera n'ali náhabuuka ahaleeta siriimu, kale sigatambisanga kondomu ni gegaata ni nyinaawe era sigasobola huhola ehiitu hyosi hyosi mu hugesyaho ohutangira nyinaawe ahusuna endwaye. Saawe ali n'ohuba ti nj'owalateeye nyinawe obulwaye era omwana owaali n'ali mu hida gaali ajanga ohubusuna hu nyina. Omuhasi omusaju gaheneresa n'aloma nyinaawe ati, "Oli n'ohutiina mu dwaliro bahuhebere hubone oba dala oli n'ahabuka ahaleeta siriimu."



Handehe n'abo mu mago gage babita mu biseera ebyene ebigosí. Era engeri eyi basaaye baawe baali ni bafuuye siriimu ohwo taaho n'ohulabirira abahye abajere gahyageene ni hiri higosí. Nalijo endaalo ejindi ejí batasunanga biryo era ni bañenyuha enjala. Handehe gefangaho ohuhola n'amaani ko beyemereseno nindi gaaba oti hani nje nyina ya mugandaawe omunjere.

Esomo elyo 4

Handehe asuna esuubi



Nyina ya Handehe ni gatiina mu dwaliro omusaju gamutusaho amafugi. Mu humutusaho amafugi, sigajulira bulumi. Gaali n'ohulindirira ebijwa mu huhebera amafigi. Oludaalo olwalondaho, Handehe gasuna amajuliro ag'enaku ohujwa eri nyina. Nyina gaali n'ahabuka ahaleeta siriimu. Era ti hyali hijangiha amwana yeesi ohuhasuna. Nyina geralihirira olw'omwana wuwe Ehibuuso ehyajira nyina ya Handehe mu bijeego hyali ti, "Dala edwaliro lyali lijanga ohuba n'amataati amatuufu agajanga ohutangira omwana ahutasuna obulwaye bwa siriimu?"



Ehiseera hyolire nyina ya Handehe gatandiha ohunafuña olw'obulwaye owejongera ohumuluma. Obubuka obuleeta siriimu bweyongera ohunjera mu nyina ya Handehe era hya muleetera ohwondoloha. Nga Handehe abuusa omuhasi eyi bahumbananga ni naye mu humbaniro ati, "Singa pamba hu maama panga nañambiwa obubuka obuleeta siriimu?" Omuhasi oyo galegeeye Handehe engeri ey'ohulabiriramo nyina ko n'ebiryo ebirimo ehiriisa ehihena ebi Handehe gaali n'atehwa ahuliisanga nyina. Hino hya ja Handehe obugumu.



Namwirya ni gañuliiye ebibono ebyo nga genjuunya mumwoyo gugwe, era ng'atagiha ohwebuusa obanga buhomya weene omusinde owamuñaaye ehihomo gaali agesyaho huba ti agona ni naye. Ohujwa hu ludaalo olwo, Handehe, Namwirya ni Mwagale nga hiisi muutu asuubisa owahye ati saligonaho n'omusinde yeesi ohwosa olu alifumbirwa.



Ni boola mu dwaliro ng'omusaju ahebera omwana era ng'abalomera ati omwana gaali ali bulanji. Omusaju ni gahena ohuhebera omwana galomaho ni nabo hu biitu ebihulu ebiñamba hu bosuho n'abajonju ab'emyaha jaawe. Omusaju galoma Handehe ni Namwirya ati, "Olwohuba muli bafuubbi ḥaliño abasinde abaja ohubahongeresa ni babaña ebirabo haasinga mugone ni nabo. Omusaju gabahwesa amatwi n'aloma batagesyaho hufugiirira abasinde hyabo ohubasendasenda, " Olwohuba hyangu ohusuna ehida oba ahabuka ahaleeta siriimu ohuhujamba ohwo taaho n'endwaye ejindi ejinjamba ni jibita mu hugonesania."



Mu biseera aja nyina ya Handehe gasaaliye, obulwuye bwali bumunafuñisiyiye erala. Era omwana olwagwa, bahena ohusalirira olulera, nga nyina ya Handehe alera omwana buwe amutaho esiina ati, "Yatima," hitegeesa ti omwana oyo gaali mufuubbi. Era ḥabitajo endaalo ndidiri ng'ajo nyina ya Handehe afa. Ni gafa nga Handehe aguliha omwana oyo ati, "Mufuubbi." Lulala Handehe ni gaali n'alerire omwana oyo gehala mu musaala n'ali mu bineego ebyene ebingi era ng'asalaño aloma mu mwoyo ati, "Ese sinja huhuleha ewe omwana weefe ohuba mufuubbi, ohuñwa ḥahani oja huba mwana wange."

Esomo 3

Ebigosi ebi Handehe gaageene



Lwali lulala mu mugamba Handehe ni Namwirya ni baali ni bajira omwana mu dwaliro ohumuhebera, nga Namwirya asosya hu musinde owaali ni gemereeye ḥa katale, ahena alomera Handehe ati, “Oyo nj’omusinde owapaaye ehihomo hino. Hamunga aŋanga gatuyeeda mu ngeri ey’ohweyemeresajo.”



Olwegulo olwo, Mwagale gabuusa Handehe ati, "Olwo huja huñwa ñano?"

Handehe gamugobolamo ati, "Sipohiri ab'ehiha batulomire huhole ni huhiriko ñano, aye huli n'ohugabanira ñagati hiisi biryo ebi hunalimenga. Mwagale alwanjuliye ebyo, gabona ati hyali hyetaagisa ohubaaho n'emirimo ejindi ejibahola ko bañange ohweyemeresaño. Olwohuba ohugabanira ñagati ebiryo baali baja husigasa ebitabahena.

Lulala Handehe ni gaali ni gehaaye mu musaala n'aliisa mufubbi ehijeeego hyamujira hiiti singa hyali hisoboha Mufuubbri hani bamwokesa hu mwokesa cooka olwohuba nyina gaali afuuye obulwaye wa siriimu, abaatu baali batya ohumwokesa. Abomu Humbaniro lyábakulisitaayo nj'abayeedanga Handehe ohumufuunira amabeere ko n'amaaji amalanji ebi Handehe gatambisanga ohulabirira omwana. Ehyanja Handehe esuubi n'ohumusangasa hyamusangasa, nj'ohuba ti nyinaawe siganjambya Mufuubbri habuka ahaleeta obulwaye bwa siriimu.

Ƞaliŋo olu
 mboojo ya
 Handehe
 omuŋere oyu
 balanga baati
 Hyalo gatiina
 aja Handehe
 gaali ni genda
 baŋayemo.
 Muhuŋaya,
 Hyalo galomera
 Handehe ng'olu
 gaali ni genda
 ohuleha ohusoma ng'olu Handehe ni Mwagale, baali ni
 baholire. Hino Handehe sigahifugiirira, ganyonyola
 Hyalo ati, "soma ohene soomanya hamunga Mwagale
 gasobola ohwagamayo mu somero gasoma. Husomero
 wegenderese emihago, otajihola n'abaseere ab'emoni
 enyangu abalubilira ohuhola obuhwedi. Hino hijanga
 ohuhuleetera ohusuna ahabuuka ahaleeta siriimu. Hijanga
 n'ohuhuleetera edwaye ejinwa mu bikolwa eby'obuhwedi.
 (Oteyunanga ohutambisa amalesi agabita mu pisyo amalesi
 hyago gaŋjanga ahuba gabulabe bugali weene! Onjanga
 ohusuna ahabuuka ahaleeta siriimu singa otambisa episyo
 ejibandi baba ni bahanire ohutambisa)" Hyalo gafugiirira
 ebi mboojo gamugeragira era ng'amusuubisa ohuta amaani
 mu misomo jije n'ohutahola buhwedi ko n'ohuteyuniranga
 amalesi agabita mu pisyo.



Lulala semwana ya Handehe omuŋere gatiina
 ohubalambuula. Ni goola ng'aloma Handehe ati, "Ohuŋwa
 hu sambo j'obuwangwa weefe, ngólu seemwe gafa, eroba
 lino lyagaluhu mu mahono gange".

N'ohunakuŋala ohwene ohw'amaani Handehe
 gamugaluhamo ati, "Olwo ɻahani efe huje ɻeena?"

Nga saawe oyo abaloma ati, "Ehyo hinaabe eyi muli. Ne ese
 natere ohubabbinga mu nyumba eyo. Ne ni bihiiri biityo,
 hunagabanirengamo ɻagati hiisi biryo ebi munalimenga
 mwiroba lino. Ohufa hwabasaaye benywe hwanakujasa
 hiisi muutu mu hitehere era ohubaloma tyo ndi hubayeeda
 hy'abandi ndolu babayeeda. Munaganya ebyo, muŋanga
 mwahola ni muhijweraho ɻano."